

CaFI

Carlisle Food Initiative

Will you join us to support an exciting new initiative for Carlisle?

Our vision is to work in partnership:

To develop a physical space which can be used for the collection, storage and redistribution of surplus food waste of all kinds from the local area and to convert this food into something used to the benefit of the local people either through cooking, selling or redistributing.



This would include the continued operation of the Carlisle Foodbank but would create alongside it an exciting and longer term response to issues of deprivation and food poverty, engaging local people and local partners in a range of initiatives.

We want to address issues of:



-  **Food waste**
-  **Healthier Eating**
-  **Food Poverty in Carlisle**

We want to provide:

- ✚ **A community Café** – to cook and serve food sourced from local surplus or waste and local producers. Aimed at local people and sold at affordable prices with a further aim of inspiring people to eat and cook more healthily. Volunteers would be recruited from a target group to work at the café, gaining valuable work experience to increase their life choices. This would include a breakfast club for people with addiction problems.
- ✚ **A community Shop/Supermarket** – where surplus food can be sold to members/users at cost making stretched household budgets go further and also reducing landfill and food waste.
- ✚ **A community Support Centre** - where we can run relevant life skills courses to increase engagement and opportunities for disadvantaged or unemployed people from the local community. We can also provide additional advice and support services as needed by users of the facilities.

We want to:

- ✚ Bring together the needs and priorities of a range of partners into an integrated space.
- ✚ Inspire people to become healthier, happier and more aspirational.
- ✚ Prevent good food going to waste and utilise volunteers and local people to meet the needs of the local community by cooking and selling it.
- ✚ Create a sustainable long term response to city-wide food poverty

For further information or to get involved contact:

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